



Map not to scale, and all the twists, turns, roads and paths are not shown.
 Leaflet date: July 2023. Check venues for opening times.
 Take care near roads. Routes are followed at your own risk. Information changes over time. You are advised to check information in advance and complete your own risk assessment.

<https://lancashirewest.org.uk/aslandpilgrimways/>

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Asland Pilgrim Ways

Tarleton St Helen's Well Meditation Route

Start: Tarleton Holy Trinity Church, Church Road, Tarleton PR4 6UW
 (Grid Ref 451 204)

Finish: St Mary's Church, Windgate, Tarleton PR4 6HJ

Map: OS Explorer 285 (Southport and Chorley)

Parking: Public carpark diagonally opposite Tarleton Holy Trinity Church.

Toilets: Public toilets at the car park opposite Tarleton Holy Trinity Church.

Refreshments: Available at selection of pubs and cafes in Tarleton.

Length: 0.6 miles (one way)

This linear route incorporates Holy Trinity Church and St Mary's Church (Old Church). The route is along roadside footpaths and public footpaths, with ideas for prayer and meditation along the way. There is the option to detour to visit Tarleton Methodist Church on your return journey.

Accessibility: This route is along footpaths by the side of roads and public footpaths. The public footpaths are metalled, but some sections are uneven and narrow. There is a kissing gate where the public footpath meets the A59, which limits accessibility. This can be avoided by turning left down Janes Meadow.

A more accessible route is to turn right from Tarleton Holy Trinity Church. Proceed along Church Road, then turn right down The Cloisters, eventually emerging at Coe Lane. Turn right at Coe Lane, to emerge at the A59. When you arrive at the A59 bear right, then cross the road at the pedestrian crossing. Roadside paths are narrow in places and may be blocked by parked cars.

Holy Trinity Church: No steps to access the church.

St Mary's Church: No steps to access church. Uneven stone floor. Step up into boxed pews.

Tarleton Methodist Church: Ramp access available at the side of the church.

Accessible toilets: Available at Holy Trinity Church when church is open.

This is one of a series of routes connecting churches as well as circular routes incorporating churches. We hope that you find refreshment as you journey along these ways, finding wholeness and peace with creation, with God and with each other.

Start the route at **Tarleton Holy Trinity Church** on Church Road. Spend some time in the church before starting your pilgrimage. Ask for God's blessing on your pilgrimage.

Holy Trinity Church was built in 1886 to replace St Mary's, Windgate as the congregation had outgrown the building. Holy Trinity was consecrated in 1888 and the steeple and bells added later.

With your back to the church, turn left and continue along Church Road until you reach **Trinity Walks**.

Turn left along Trinity Walks.

After 140 yards there is a public footpath on your left. Go along this public footpath until you reach a **junction of paths**.

At the junction, turn right and proceed along the path.

After a short distance, the main path briefly bears left, then right.

When you reach a fork in the path, bear right, and continue along the path which has a bench.

Cross a small road (Janes Meadow) and continue along the footpath until you reach a **kissing gate**. Go through the gate to reach the A59 (Windgate) and turn left. Continue along the road until you reach the pedestrian crossing.

The kissing gate can be avoided by turning left down Janes Meadow. Ignore the first road on the right. At a junction, turn right onto Meadoway. Continue along Meadoway until it emerges at Coe Lane. At Coe Lane, turn right. When you reach the A59, turn right towards the pedestrian crossing.

When you reach the pedestrian crossing, use this to cross the road to reach St Mary's Church. Take care as you cross this busy road.

St Mary's Church on Windgate was built on the site of the former 13th century **St Helen's Chapel**, in order to enable worship when the route to Croston was impossible at certain times of the year because of the River Douglas flooding.

Tarleton was made a separate parish in 1821. St Mary's Church was later replaced by Holy Trinity Church, Tarleton. However, the churchyard remains in use. St Mary's is now in the care of the Churches Conservation Trust.

<https://www.visitchurches.org.uk/visit/church-listing/st-mary-tarleton.html>

On your return journey, if you want to visit **Tarleton Methodist Church**, when you arrive at Church Road, **turn left to Tarleton Methodist Church**.

St Helen's Well

There was a well near **St Helen's Chapel**, known as St Helen's Well, which was associated with healing. The precise location of the well is unknown. According to British History Online, devotees visited the well as late as the 17th century.

<https://www.british-history.ac.uk/vch/lancs/vol6/pp115-119>

Meditation

As you journey, pause and consider the healing that comes from God in all areas of our lives and the world around us; in ourselves, in relationships, in community, in the wider world and in the whole of creation.

Healing is not always about physical healing. Through God, we may be made whole, even in our brokenness.

Rest in God's presence.

Give thanks for times of refreshment and healing.

Offer up places of brokenness.

Forgive, and seek forgiveness if you need to.

Know that what is past is past.

Let go, into this moment, knowing that God is with you.

"All shall be well, and all shall be well, and all manner of thing shall be well"
Mother Julian of Norwich.

As we drink the living water, so we are called to share the living water in the parched places of our broken world.

Where is God calling you?

Tarleton Holy Trinity Church is open daily. There is free coffee and chat on Friday mornings between 10.00am and 12 noon. See website for service times. **Tarleton St Mary's (Old Church)** is open on Heritage Open Days on certain days in September (see the Heritage Open Days website). Church services are held there on the fourth Sunday in August. Check church websites for up to date details of opening times and services.